

HPFS Whole School Bulletin

Friday 7th June 2019

Issue 33

Message from the Principal

Welcome back to everyone after half term. This is a busy term with students completing mock examinations as well as “challenge week”, sports day, transition day for year 6, geography fieldwork, awards evening and the summer fete.

On **Wednesday 19th June, 6.30pm** in our Ballroom, we are holding a Parent Conference. Some of you will remember that 2 years ago when I started we held one so we could explain our vision and some of our key next steps but also gather your views on what you think works well and what would be “even better if”. Like any school, we are always on a journey and as a community school, that journey is defined by all of us. This year in the Trust, we have been considering how the trust can support the school in developing partnerships. As a school team, we have been revisiting our curriculum plans. We want to ensure that our students not only can answer those driving questions in relation to those key concepts and knowledge from each of the subjects as they travel through the school but they do have a “can do” attitude that they are problem solvers with those skills that make us independent. Their experience in school should be like a narrative where the strands in the story are revisited and built on to develop greater knowledge and skills.

As a school, we are committed to delivering the National Curriculum but we also want more for our children and want to look at what the “plus” is. Whilst all students will study subjects, we want them to experience the subjects and think like someone who is a specialist. Therefore, we want students to all have a curriculum where they study the subject content but we also want to ensure that through their time in school they experience that subject in the community. For example, our children will study the arts subjects or science but we also want them, through partnerships, to experience in reality the theatre, know what it is like to be an artist by working with them or work with a company using science. We already do some of this with visits or for example with projects like those with Roborace in the 6th Form but want to embed this going forward so that this is the experience Heyford Park Free School students have as an entitlement they travel through the school.

We are going to introduce a passport that gathers destinations and experiences as children travel through the school.

You can help us shape this passport as well as our vision for the school and the work of the Trust for the next two years at our Conference.

Website:

You will remember following our Parent Drop in earlier in the year that we looked at communication and particularly how we can redevelop the website. We have now commissioned the company to work on this and work has started ready for September. Thank-you to those of you that have offered to be in our virtual group developing this.

Summer Mock Examinations Year 7, 8, 9 and 12

Year 9 & 12 examinations are week commencing 17th June and Year 7 and 8 are week commencing 24th June. All key stage 3 students have been provided with a topic list booklet which includes some useful revision strategies. We have uploaded these revision booklets for you on our website under Parents, Useful documents and they have been sent out electronically to you as well. The English team gave up one lesson to teach students about preparation for exams and revision strategies. We suggest structuring revision around short chunks of time to help them build concentration.

Revision Tip of the Week:

- Update your revision timetable and focus in on topics you are least secure on.
- Brainstorm on a focused topic all you know – this is building information into your long-term memory.
- Use questions and time yourself and then mark it using a mark scheme. Rewrite with your improvements
- Attend revision sessions at lunch and after school

Dates for your diary
(Subject to change)

Week Commencing 10th June
2019 is Week 1 on the Secondary
Timetable

June

10.06.19—Year 11 Photographs
11.06.19—Year 10 Geography
Field Trip
17.06.19-21.06.19—A-Level/Year
9 Mock Week
24.06.19-28.06.19—Year 7/8
Summer Exams

July

03.07.19—Stars
05.07.19—Secondary Sports Day
(TBC)
06.07.19—Summer Fete
08.07.19-12.07.19—Challenge
Day and Year 10 Work Experience
Week
16.07.19—Reward Day
17.07.19—Awards Evening
18.07.19—A Midsummer Nights
Dream
19.07.19—School Finishes for
Summer

*Please continue to refer to the
School Website calendar for
regular updates.*

*Please direct any enquiries to
office@heyfordparkfreeschool.org*

WHAT IS PSHE?

Personal, social and health education (PSHE) helps to give children the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up. The kinds of questions that might come up in PSHE include: What acts indicate kindness? Why do we have to eat vegetables? Why do large items sometimes cost less than smaller ones?

It is here that your child will learn about bullying, citizenship, drug education, healthy eating, physical activity, mental and emotional health, wellbeing, and sex and relationships.

Learning opportunities currently take place in specific lessons (for years 7 and 8) as well as in assemblies, across other subject areas and in our termly Drop Down days for all year groups.

Here are some examples of the areas that may be covered in PSHE:

Money

Money plays a large role in our lives and in the way we relate to each other.

Sex and relationships

Sex education has now become sex and relationships education (SRE), signalling the growing consensus that children are entitled to more than just the biological facts.

Personal health

Children learn that regular physical activity and a healthy diet can go a long way to ensuring they stay healthy.

Personal wellbeing

Children will talk about common pressures, issues such as friendship and belonging and other things that can contribute to mental wellbeing.

Social issues

Bereavement, voting, taking care of the environment and being a young carer are the kinds of social issues that will be covered. One popular topic is bullying, perhaps because it directly affects children at school, and it's crucial that they know where to seek help if needed.

Drug awareness

These lessons help pupils to understand more about drugs and also clarify any misconceptions they may have.

PSHE ideas that could link with home and school life.....

- Providing a role play area resourced with materials reflecting your child's interests.
- Encouraging your child to help you think about cooking and healthy recipes. Taking them shopping and involving them in decision making.
- Simple activities such as board games encourage team-work and help children learn to take turns.
- With older children, using documentaries and other media to discuss issues around our place and responsibilities in society.
- Giving plenty of positive encouragement and praise.
- Managing own hygiene.

PSHE becomes a compulsory subject within the National Curriculum from September 2019, so more on this subject in the future!

Mr Hobbs

PHSE & Pastoral

Year 11 Photographs

Please remember **Monday 10th June** it's been arranged for Mike Ling to come in and take photographs of the Year 11s before they leave.

All payments etc will be through Mike Ling and not the school.

Many thanks

Sports Science PE Kit

For students who have chosen to study Sports Science (GCSE PE/V-Cert PE) There is a special PE kit available for students to purchase at Trysports in Bicester - (6 Deans Court, Bicester OX26 6RD).

There is also the opportunity to personalise the kit with names on the back of the shirts/jumpers. The PE kit is optional and only available for students in year 9 upwards.

Please contact the PE department for more information on this.

Message from Site Team

Parents and students are reminded, if on foot, **not** to use the vehicle gates at the Officers Mess as an entry or exit to the school. Please use the side gate near Primary.

It is also asked in the interest of safety, that parents and students use the designated crossing on Camp Road.

Detentions

We are asking parents to support the school with our detention policy. Pupils receive two warnings prior to being set a detention and detentions are set to avoid behaviours recurring. Central behaviour detentions are set for Tuesdays, Thursdays and Fridays. If pupils miss a detention, they will be issued with a 1 hour 30 minute detention. We are unable to set these detentions at lunchtimes. You will receive an email showing the date and time of your child's detention and would ask parents to arrange collection for these dates. We can only re-arrange these dates in extreme circumstances. Thanks for your understanding and support.

Miss Wallington

Attendance

Whole School Attendance = 95.60%

Primary Attendance = 96.57%

Secondary Attendance = 94.79%

MAKE EVERY DAY COUNT!

News from Friends

The Friends just want to announce that the new outdoor gym at the Specialism Campus is officially completed and that students of the school are already benefitting from it. It is taken a lot of work from the Friends to get the work done but that it is an amazing asset to the school that the Friends hope will be used for many years to come.





A taste of something different

Students were fortunate enough to taste some new products which will be offered in the canteen from this term and give their feedback straight away. There were lots of chicken options and everyone agreed the flavour and taste were amazing.

We were very impressed with how students were very mature and able to articulate their thoughts and ideas concisely.

The kitchen staff would like to say a massive thank you to everyone who assisted in tasting some of the new products. The feedback we received was fantastic. Hopefully we will be seeing some of the products in the new term.



Spanish News Update

Now that the Year 11s have sat their final GCSE Spanish paper this week, I am able to offer the opportunity for after school sessions to Years 9 and 10 to support them in their learning. These will be held on a Thursday after school from 4-5 p.m. at the SC (TB21). These sessions will be geared towards supporting those students who may have gaps in their basic knowledge of verbs. Each week will focus on a different tense or type of verb as follows:

Thursday 13th June: Present Tense (regular verbs) and subject pronouns

Thursday 20th June: Present Tense (irregular and stem-changing verbs)

Thursday 27th June: Present Tense (Reflexive verbs)

Thursday 4th July: Near Future

Thursday 11th July: No session (Year 10 work experience)

Thursday 18th July: Past Tense (Preterite)

I will be specifically inviting some Year 9 and 10 students to attend these sessions, which will consolidate their knowledge of verb tenses and increase their confidence in applying these in all four skills.

Spanish speaking practice!

Our students would greatly benefit from any additional speaking practice we can offer them and we are looking for any Spanish native or near native speakers in the community who may have some free time to volunteer to spend with some of our students. If you know of anyone who may be interested, we would love to hear from you. Please contact myself on fcochrane@heyfordparkfreeschool.org or Miss Marin on cmarin@heyfordparkfreeschool.org for further details.

NEWS FROM FRIENDS

HEYFORD AIR BASE RACE – JUNE 16TH 2019

I'm delighted to let you know that a number of our Primary students and their parents have very kindly agreed to run in the Heyford Air Base Race to raise money for the outdoor area at the front of our school.

The event takes place on **Sunday June 16th** and is organised by Purple Patch Running. There are various races taking place, including the Junior 1km race.

<https://www.purplepatchrunning.com/listed-races/heyford-air-base>

We have set up a JustGiving page in the hope you will support our runners to raise as much money as possible.

<https://www.justgiving.com/crowdfunding/friendsofheyfordparkfreeschoolsponsoredrace>

If you or your child would like to enter the race, Purple Patch have offered us a discount code **GSYN056qGB** which facilitates a discount of £3 per entry, when entering here:

<https://www.theraceorganiser.com/listed-races/heyford-air-base>

Please visit the page and support our children and our school.

Thank You

Mrs Akkerman

SCHOOL FETE – SATURDAY 6TH JULY

This years School fete will be on Saturday 6th July. There will be a second hand uniform stall selling school branded clothes and good quality school uniform items. If you have any uniform that has been outgrown or no longer required, please send it in to school for the stall.

We are also looking for soft toys for our popular tombola stall, if you have any that need a new home, please send these in too.

Thank you for your support

FoHPFS

Year 9 and year 12 mock exam timetable

	Session 1 8:15am	Rooms post exam	Session 2 11:00am	Rooms post exam	Session 3 2:00pm	Rooms post exam
Monday 17th June	P1/P2		P3/P4		P5/P6	
Year 9	Media 1hr / Business studies 1hr	9WBS EW04 9Wmd TB12 9WPa SH03	Geography 1hr / History 1hr	9GG1 TB16 9GG2 TB19 9His TB19	Biology 1hr	9MA1 TB20 9MA2 TB12
Year 12	Health & Social 1hr 30/ Physics 1hr 30min /History P1 1hr30		No exam year 12		Business Studies 1hr Biology 1hr 30mins	
Tuesday 18th June						
Year 9	Chemistry 1hr	9CP1 TB19 9CP2 TB20 or outside PE	Maths P1 1hr 30	9WEN1 TB19 9WEN2 TB21	No exam year 9	
Year 12	Psychology 1hr 30/Maths P1 Core maths 1hr		No exam year 12		No exam year 12	
Wednesday 19th June						
Year 9	Physics 1hr	9CP1 TB20 9CP2 TB21 or outside PE	Spanish Reading (30mins) Writing (45 mins)	9GG1 TB16 9GG2 TB19 9His TB20	Maths P2 1hr 30	9WEn1 TB20 9WEn2 TB12
Year 12	Physics P2 1hr 30 mins/Biology P2 1hr 30mins		Further Maths 1hr 30min P1			
Thursday 20th June						
Year 9	English 1hr 45 mins	9Wen1 TB20 9Wen2 TB22	No exam year 9		No exam year 9	
Year 12	Maths P2 Statistics and Mechanics 1hr 30/English paper 2 B 1hr/Geography 2hr15		Psychology P2 1hr 30 min		PE 1hr30mins Chemistry 1hr 30mins	
Friday 21st June						
Year 9	PE 1hr	9War TB09 9WPE TB19	No exams for year 9			
Year 12	History P2 1hr/ Computer Science 1hr 30mins		No exams for year 12			

Year 7/8 mock exam timetable

	Session 1 8:15am		Session 2 11:00am		Session 3 2:00pm		
	P1/P2	Rooms P2	P3/P4	Rooms P4	P5	P6	Rooms P6
Monday 24th June	No exam		English 1hr45	Yr 7 - 7RP SH03 Yr 7 - 7UMATB06 Y8 - 8REN TB21 Y8 - 8UMATB20	Maths 1hr	Yr 7 - 7UHI TB19 Yr 7 - 7RSP TB21 Yr 8 - 8UGG - TB16 Yr 8 - 8RCPE - TB20 or outside	
Tuesday 25th June	No exam		Science 1hr	Yr 7 - 7RMA TB06 Yr 7 - 7USC TB20 Yr 8 - 8RCPE SH02 Yr 8 - 8UCPE SH01	History 1hr	Yr 7 - 7RCPE SH01 Yr 7 - 7UCPE SH02 Yr 8 - 8RHI TB22 Yr 8 - 8UPASH03	
Wednesday 26th June	Geography 1 hr	Yr 7 - 7UGG TB16 Yr 7 - 7RHI TB22 Yr 8 - 8RMA TB21 Yr 8 - 8USC TB20	Spanish reading/writing - 1hr 15mins	Yr 7 - 7RCPE SH02 Yr 7 - 7UCPE SH01 Yr 8 - 8REN TB20 Yr 8 - 8UEN TB19	No exam		

Character Recognition *(just some of the quotes)*

The Twelve Virtues

courage,
self control,
generosity,
truthfulness,
magnificence,
pride,

respect,
level headedness,
social-ability
friendship,
sense of humour
justice



COURAGE

"Great courage – your positive attitude on life – keep smiling!" (Sophie Cox)

"Your courage when you sang on stage at VIAM" (Emily Ottoway)

"You have shown amazing courage this year – life gave you lemons and you made lemonade!" (Katelin Richardson)

"Your courage in appearing in the Spanish play with no rehearsal & Spanish speaking actors!" (Ollie Cater)

"Keeping going even when it's difficult" (Thomas Brock)

PRIDE

"You show real pride in all that you do in History" (Jack Scrivens)

"Pride in all you do" (Natalia Cox)

"The pride you took in your practicals in Chemistry" (Megan Hockley)

"Pride you have shown in all your work. We are proud of how you have managed a change in school." (Malaika Brooke)

"Pride you take even when the going gets tough" (Hannah Palusiak)

"Pride in your work so you constantly act on feedback" (Lucy Palmer)

Your pride in all you do is a great example to others (Katerina Keeyes)

GENEROSITY

"Your generosity in becoming my voice in drama when I lost mine!" (Kian Duggan)

Thank you for your generosity in sorting my room (Dan Graham and Neave Clare Smith)

"Thank-you for your generosity of spirit when you made staff smile and feel proud with your post-it messages" (Nancy Belle La Porte)

"Significant generosity in illustrating the children's book" (Thomas Brock)

Your generosity of spirit to a new member of staff (Sam Denison)

RESPECT

"Always respectful to all and your thanks each lesson" (Reece Green)

"For constantly tidying up after your friends" (Adam Rathband)

"For your respect constantly in your effort to maths" (Alex Smith)

LEVEL HEADEDNESS

"For showing level headedness during PSICHE day and organising other students to create something special" (Angel Allsworth)

"Thank you for your level headedness – the exterior is zen and cool, the interior has depth and character" (Teddy Taylor)

"You are developing your level headedness and this is leading you to excel." (Ellie Smith)

"Your level headedness is reflected in your incredible maturity that led a team at Roborace to success" (Jacob Norrie)

"Your level headedness has led to patience and support for others – well done" (Ethan Jenkins)

SOCIAL-ABILITY

"Thank-you for your social-ability & level headedness when all around those around you may not always exhibit keep theirs" (Ollie Hartley)

"Thank-you for your social-ability to ALL of year 12" (Hannah Wyatt)

"For always putting a smile on people's faces and being a positive person to everyone around him" (Harry Winters)

Magnificence

"Your magnificence in your recent science test" (Kordie Nelson)

"Your magnificence through you being so cheerful, helpful and caring to all those around you" (Bella Romain)

JUSTICE

"For always encouraging me and others to do the right thing" (Reece Corn)

"For recognising when situation is not fair and trying to do the right thing" (Mark Webb)



As a driver you have a responsibility to park in a safe and considerate manner. If you don't, you could be endangering a child's life or the life of another member of the public.

Please park with care and help make the area near and around our school a safer place for our children, their families and the local community.

To help ease the situation, the doors in Primary are open from 8.45am to 9.00am and parents can drop off at any time during that period of time.

Please note: the car park on the front of the Officers Mess is for staff use only unless you hold a disability badge and have made arrangements with us. The parent parking is behind the school with both the car park area and park and stride.

If you need to drive your child to school, for the safety of all our families, please remember:

- No parking on single or double yellow lines
- No double parking
- No stopping, dropping or parking on the School Keep Clear yellow zig zags
- No parking on corners or junctions especially near the school entrances
- Please do not block driveways

No parking on roundabouts.

By remembering these points not only will you improve the safety of the area surrounding your child's school, but you will also avoid receiving a parking ticket!

What can you do instead?

Many families choose to walk to school, which helps enormously, and perhaps some of those that need to drive could park further from the school and walk in, starting the day with some fresh air and exercise?

By working together we can keep everyone safe.

Parent car park & 'Park and Stride' - Walking half a mile only takes between 8 and 17 minutes. How many calories you burn depends on how fast you walk!

Try Car Sharing - consider sharing the school run. If you have to drive to school then get together with other parents who need to go by car and take it in turns to drive.

Walk with other families - organise a small group of parents to share the walk to school and take it in turns with other parents to do the school run. You could even combine this idea with Park and Stride. Walking to school contributes to the recommended daily physical activity for you and your children. It also helps to reduce congestion around the school and helps to improve air quality, providing benefits for everyone.

Use the community parking and shop: Are you dropping children off at different times? The community centre and shop would welcome you waiting there. Enjoy a coffee – you may even want to add breakfast?!