

# HPFS Whole School Bulletin

Friday 23th November 2018

Issue 11

## Message from the Principal

### **"Making Every Day Count"**

This week on Tuesday secondary students took part in a different type of curriculum day.

Year 10 to 12 were involved in working with volunteers from Young Enterprise and Business on a Careers Day. They learnt how to brand themselves finding their unique selling points, pitching themselves in an application and interview as well as working with others. Year 12 have set up their Linked in accounts to build their online profile for the world of work.

Year 7 worked in smaller groups on their STEM challenge whilst Year 8 and 9 explored STEM at the Science Museum in London.

I would like to thank all the staff and volunteers who made this a great day for our students but also the students who put their best selves forward to learn in a different way.

You will know that we had a visit from Ofsted this week. This was a 1-day inspection and not a full inspection. They have come in to quality assure the evaluation from May 2015. Thank-you to all those parents who completed the online survey. This is really useful just as the ones we do in year and through the parent drop-ins. As you know we use these to adapt what we do. As this is not a full Inspection, we do not get a report. There will be a letter which comments on safeguarding, culture, and the 4 enquiry lines agreed with us. We asked them and they agreed to follow the enquiry lines of early years (EYFS), mathematics, curriculum and governance. As you will know, EYFS was in 2015 judged as requires improvement. We believe it is much improved and wanted an external view of this. The other 3 are important priorities for us this year and we valued feedback on these to ensure they are the right priorities. We, as you know, have changed our approach to behaviour following our training in October for all staff, with the revision of our expectations to READY, RESPECTFUL, KIND and SAFE and asked if they would let us know how this was going. When the letter comes, we will publish this to you straight away.

However, it is school as normal and for us that is "making every day count". Currently, secondary students have and are completing interim assessments to inform what the next steps should be for teachers and them in the second part of this term. Year 11 week commencing 10<sup>th</sup> December will be completing Spanish mock and English Walking talking mock and Year 12 will be taking mock exams for the first time.

On 14<sup>th</sup> December we will be having Christmas Jumper Day – we hope you will all join us and the nation in this. Please sign up with our catering team for your child to have Christmas Dinner the week before as this is a lovely lunch time and brings out the spirit of our school with staff and students enjoying time together.

## Staffing Update

Mr White unfortunately is having an operation, we wish him well next week.

## **Revision Tip of the Week:**

**Spend 15 minutes on each subject you have had that day that has introduced new knowledge to you. Get someone to test you on this. You are just memorising it by repetition.**



**Dates for your diary**  
**(Subject to change)**

**Week Commencing 26th**  
**November 2018 is Week 1 on**  
**the Secondary Timetable**

## December

**11.12.18**—Rewards Trip  
**11.12.18**—KS1 Christmas Play 2pm  
**12.12.18**—KS1 Christmas Play 6pm  
**13.12.18**—Nursery & Reception  
Christmas Play @ SC 2pm  
**19.12.18**—Christmas Concert T.B.C.  
**20.12.18**—Y10 Parents Evening  
2.30pm-7pm.  
**21.12.18**—Last Day of Term

## January

**07.01.19**—Inset Day  
**08.01.19**—Term Starts for  
Students  
**10.01.19**—Macbeth Trip; Year 11  
**22.01.19**—Careers Fest; Y10-12  
**23.01.19**—Parent Voice Drop In  
2pm and 6pm at OM

## February

**08.02.19**—Friends Quiz Night  
**14.02.19**—Year 8 Parent Evening  
2.30-6.30pm TBC  
**18.02.19-22.02.19**—Half Term  
**25.02.19**—Inset Day

**Please continue to refer to the**  
**School Website calendar for**  
**regular updates.**

**Please direct any enquiries to**  
**office@heyfordparkfreeschool.org**

## **News from the science department**

Unless you hermit yourself away from social media, the internet and news in general, there are two stories from the past week or so that you've probably come across:



### **But can you spot how these are closely linked to one another?**

The first, of course, is Iceland's TV advert, which highlights the destruction of orang-utan habitats by deforestation; specifically, the advert talks about deforestation to make space to grow palm oil crops. Many of you will since have seen social media posts calling for boycotts of palm oil, and will probably have been surprised to discover how ubiquitous palm oil is as an ingredient in your weekly shop – it's in everything from peanut butter to cosmetics.

One reason the advert has received so much attention is because it was withdrawn from broadcast following legal advice from BCAP. The animation used in the advert is actually produced by Greenpeace, who count as a political organisation (because they lobby the government and other political parties) and are therefore banned from producing advertisements that are not clearly signposted as political.

But before you start trying to cut out palm oil from your life, I have a few facts to share that might persuade you to change your mind (and might persuade you to start eating insects too).

- Palm oil is a remarkably efficient crop (high yield per area of land), whilst the alternatives, including soy, require 4 to 10 times more land to produce the same amount of oil. Palm oil crops also require fewer pesticides and fertilisers.
- Cattle farming is, by far, the biggest driver of global deforestation – space is needed to raise cattle.
- 75% of all soybean crops (another leading cause of deforestation) are used to produce feed for the cattle.

I'm not recommending that everybody become vegan (although it would help the environment enormously), but I am saying how important it is to go beyond the headline and do a little research before making any lifestyle changes. Look for products that use sustainably-sourced palm oil, and try to eat a little less meat – try going vegetarian once or twice a week.

Which links nicely to the second story – Sainsbury's have announced that they will soon become the first UK supermarket to sell edible insects! Huzzah! If you can get over the aversion to the idea of eating insects, this could be a hugely powerful way to reduce our carbon footprint and reduce greenhouse gas emissions. After electricity production, agriculture is the second largest source of global greenhouse gas emissions, with most of this coming from cattle farming.

Insects, like the domestic crickets that Sainsbury's is planning to sell, contain twice as much protein as beef and require 12 times less feed than cattle. Less land is needed to farm them, they produce lower levels of CO<sub>2</sub> and methane, and insects already form a significant part of diets all over the world.

So be more like these guys, and save the planet.

Thanks for reading,

Mr Mackenzie

For more information on the subjects in this week's newsletter, try the following:

<https://tinyurl.com/PalmOilBlog>

<https://tinyurl.com/SainsburysArticle>

<https://tinyurl.com/GreenhouseGasData>



## **Sports Fixtures**

Upcoming events:

Monday 26th Nov - U16 Boys Football vs Cherwell School (Away) 1430 kick off Approx return 1630

Tuesday 27th Nov - U13 Girls Football @ The Cooper School Approx finish 1700 return to HPFS 1730

Wednesday 28th Nov - Y7-12 NOSSP Cross Country @ The Warriner School Competition from 1300-1530 approx return to HPFS 1630

Thursday 29th Nov - Y10 Netball vs The Cooper School 1545 start Venue TBC

### **Y10 Rugby Final**

On a damp and cold evening the U15 rugby team travelled to Banbury RFC to take on Gosford Hill School in final of the NOSSP plate competition. The students lead their own warm ups and prepared well to take on the opposition. Captain Strong won the toss and elected to receive kickoff. A combination of a slippery ball and cold hands lead to early handling errors and the need for the expansive Heyford attacking play to be rained in. Heyford took the lead in the 7th minute with Fletcher displayed excellent power, speed and agility to break tackles and score under the posts. Duggan added the conversion. The game followed a similar pattern throughout the first half with both teams struggling to deal with the conditions and set pieces becoming more important. The defence was marshalled well by Williams and bit hits were flying in from Rayson, Bunce and Morgan. The hits caused breakdowns in play and Heyford were able to power in 3 further tries during the first half.

The second half began with Gosford accenting themselves in the game with strong individual running and scored a couple of well deserved tries. The game plan for the second half changed our style of play to better suit the conditions. More, shorter offloads created opportunities and space for our support runners and with final passes going to hand we were able to keep the scoreboard ticking throughout the second half with the highlight being a team try finished well by Weston in the corner. The final score was 49-19 to HPFS and the students involved have been a credit to the school throughout the competition showing determination, teamwork and resilience.

Well done to all the students involved.

**Andy Brown—Director of Learning PE and Arts**





WOW,WOW,WOW!

Apart from the huge event in Wembley each year, VIAM hold different workshops during school holidays and students can apply to take part in them.

This year, Emily Ottoway from Year 7 took part in a holiday workshop and also auditioned to become part of the Official Voice in a Million Stage Choir for Wembley in March. She found out last week that she was successful!

This is an amazing achievement. She will have to rehearse once a month with the VIAM Director (a coach from The Voice and X Factor) and might also get the opportunity to perform a small solo or duet at Wembley next year. How fantastic is that?!

A STAR from HPFS is well and truly born..

Mrs Beckett

## **News from the Art Department**

GCSE Art work from the Class of 2018 is now available for collection. Please collect as soon as possible from the Art Room.

Mrs McMahon-Brown

Art Dept.

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### **GCSE Art Mock exam**

Year 11 will be sitting their mock Art exam on Tuesday 4<sup>th</sup> and Wednesday 5<sup>th</sup> December. All Year 11 Art students are expected to attend the afterschool and lunchtime sessions during the next week, so that preparatory work is completed before this exam. This work is vital as it makes up a significant portion of the Component 1 GCSE coursework.

## **Attendance**

Whole School Attendance = 96.43%

Primary Attendance = 97.11 %

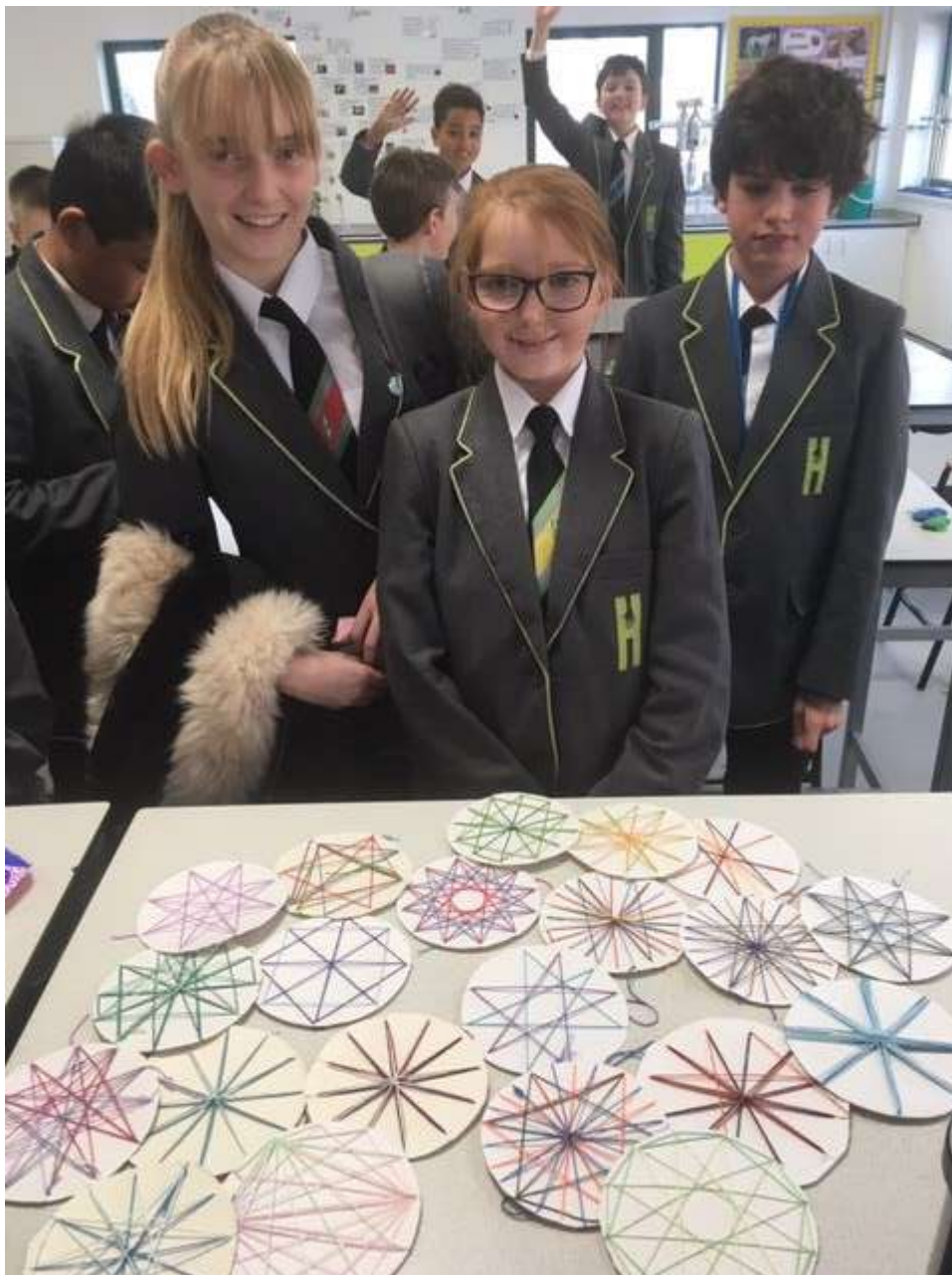
Secondary Attendance = 95.80 %

**MAKE EVERY DAY COUNT!**

## Drop Down Day

Year 7 had an enjoyable day on Tuesday this week, taking part in a range of Science, Technology, Engineering, Arts and Maths (STEAM) activities. Pupils worked in small teams building balloon towers; designing and making their own javelins; building a bridge without the use of fixings; designing and making space landing modules; and exploring colour and geometry through star weaving and flexangles.

Pupils demonstrated great teamwork and developed communication skills throughout the day. They showed a fantastic 'Can Do' attitude whilst solving each problem and supporting one another.

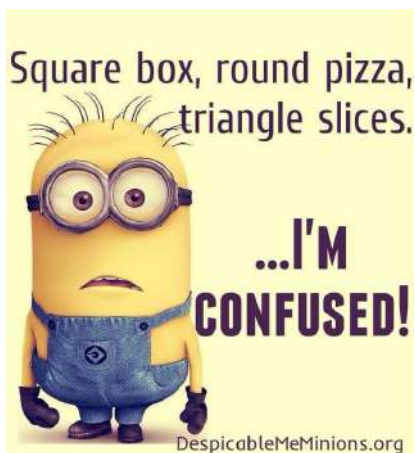


### Maths Puzzle—Pizza Slices

What is the maximum number of pieces a pizza can have with four cuts? (You are not allowed to put cut pieces on top of each other. Pieces do not have to be the same size.).

Answers to your maths teacher by Wednesday please. Chocolate for the best answer.

Maths Team



### Reward Trips

Tuesday 11<sup>th</sup>  
December



Please sign up for the Reward activities on ParentPay.

If you choose Christmas films/crafts option, this will be on a separate list that will come round to students at school.

Thanks,  
Mr Hobbs

### Sixth Form - applications for 2019 now open!

Many thanks to the year 11 students, parents and supporters who attended the Heyford Park Sixth Form open evening on Wednesday 21st November. We hope that it was instructive and helpful in guiding the year 11s in their post-16 choices.

Applications to Heyford Park 6th form for 2019 entry are now open!

The application form is a downloadable word document that is available on our website on the following link: <http://heyfordparkfreeschool.org/6th-form/applications>

Mrs Haywood  
Head of Sixth Form

### News from Friends

The date for this is January 17th. Bags will be handed out closer to the time.

Any queries please contact :  
Kate Akkerman ([kakkerman@heyfordparkfreeschool.org](mailto:kakkerman@heyfordparkfreeschool.org))  
Clerk to the Governing Body





# welcome

## to your school menus

Dear Parent/Carer

We thought we'd share with you the current school dinner price list to help you manage your children's School Meal accounts. A reminder that you are also able to set a daily spend limit for your children via their ParentPay account. If you have any questions please do not hesitate to contact the finance team.

Thank you.

<b>Drinks</b>			<b>Main Meal</b>	£2.00
Tropicana	£0.60		Main Pudding	£0.50
Milk Carton	£0.35		Jacket Potato - choice of fillings	£2.00
Big Zero	£1.00		Pasta Pot	£2.00
Hot Chocolate	£1.00		Salad	£2.00
Mambo Drink	£0.80		Sandwiches - choice of fillings	£1.80
Radnor Fizz	£0.80		Baguettes - choice of fillings	£2.00
Radnor Still	£0.80		Hot Chips	£1.00
Still Water	£0.40		Soup & 1/2 Baguette	£1.50
Sparkling Water	£0.40			
Yazoo	£0.70		Home Bake/Cookie	£0.60
			Breakfast Pot	£1.20
<b>Break Service</b>			Muller Yoghurt	£0.75
Cheese 7 Tomato Pizza	£1.10		Fresh Fruit	£0.35
Bacon Roll	£1.20		Fruit Pot	£0.50
Fruit Tea Cake	£0.50			
Crumpet	£0.50		Ice Cream Sundae	£1.00
Croissant	£0.80		Beechdean Ice Cream Tub	£1.20
Pain Au Choc	£1.00		Classic Magnum	£1.60
Triple choc Chip Muffin	£1.20		Fruit Frenzy	£1.00
Rasp & White Choc Muffin	£1.20		Strawberry Split	£0.60
<b>Break Special</b>				
BBQ Pulled Pork	£1.40		Small Waffle	£0.60
Chicken Bap	£1.40		Cornish Pasty	£1.50
Chicken Wrap	£1.40		Sausage Roll	£1.00
			Sausage Muffin	£1.15

# *Christmas Concert*

**Wednesday 19<sup>th</sup> December**

**7pm Officers' Mess Ballroom**



Tickets £2.50 available from Mrs Beckett or pay directly on parent pay.

## **News From Friends**

This week you should have received raffle ticket books for the FOHPFS Grand Christmas Draw which will be drawn during the school Christmas Concert on Wednesday 19<sup>th</sup> December 2018.

We would very much appreciate it if you could sell your tickets to family and friends raising as much money as you can for our school.

Some of the amazing prizes available are:

<b>F1 racing simulator experience</b>	<b>Overnight stay with breakfast @ The Dashwood</b>	<b>Luxury Food Hampers</b>
<b>Round of Golf for 4 @ Bicester Golf &amp; Country Club</b>	<b>Oxford United signed Goal Keeper Gloves + Match tickets</b>	<b>Harrods Luxury Hamper</b>
<b>Shooting Lesson for 2 @ Oxfordshire Shooting School</b>	<b>Large Cuddly Teddy Bear</b>	<b>Breakfast for 2 @ The Yurt</b>
<b>Dinner at Eat China</b>	<b>Car Valet</b>	<b>Oven Clean &amp; Ironing</b>
<b>Dog Groom &amp; Goodie Hamper</b>	<b>Handmade Quilt</b>	<b>Christmas Meat Hamper</b>
<b>VTech Star Wars Watch</b>	<b>Photography Studio Session</b>	<b>VTech Kiddizoom Duo Camera</b>
<b>Wash &amp; Blow Dry</b>	<b>Mens Hair Cut</b>	<b>Handmade Christmas Cake</b>
<b>Sharing Platter @ Nandos</b>	<b>Bowling for 6 @ Bicester Bowl</b>	<b>Football Course @ Little Kickers</b>
<b><i>Plus many other fantastic prizes</i></b>		

We appreciate that not everyone has people they can ask, but we do hope that each family will be able to sell the 4 books of enclosed tickets.

Please ensure that you return money, ticket stubs and unsold tickets for the attention of Kate Akkerman via the OM school office by **Tuesday 18<sup>th</sup> December** to ensure they are all entered into the draw. If you are able to sell more tickets then please email [committee@fohpfs.org.uk](mailto:committee@fohpfs.org.uk) and we will arrange to get them to you.

Thank you in anticipation. Your support is always greatly appreciated.

FoHPFS